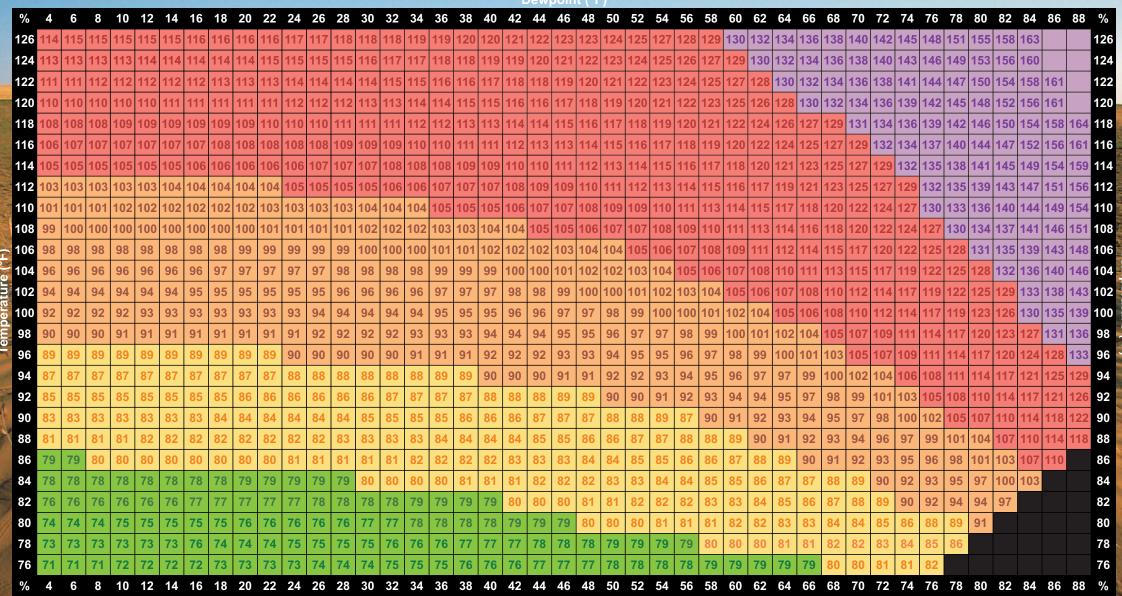
Heat Index Chart

by temperature and dewpoint (°F)

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The 'Heat Index' is a measure of how the hot weather "feels" to the body. This table uses relative humidity and air temperature to produce the "apparent temperature" or the temperature the body "feels". These values are for shady locations only. Exposure to full sunshine can increase heat index values by up to 15°F. Also, strong winds, particularly with very hot, dry air, can be extremely hazardous as the wind adds heat to the body.

Dewpoint (°F)



≥130°F Extremely Hot

Heat/Sunstroke HIGHLY LIKELY with continued exposure.

105°F - 129°F Very Hot

Sunstroke, heat cramps, or heat exhaustion LIKELY, and heatstroke POSSIBLE with prolonged exposure and/or physical activity.

90°F - 104°F Hot

Sunstroke, heat cramps, or heat exhaustion POSSIBLE with prolonged exposure and/or physical activity.

80°F - 89°F Very Warm

Fatigue POSSIBLE with prolonged exposure and/or physical activity.

Dewpoint (°F)



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